

Professional

# TRUE GROWTH®

## Action Plan

Name: Dave Sample

Date: 1 Oct 2016

Goal: Improve at encouraging, listening to understand and using the input of others

Specific  
Measurable  
Achievable  
Results Based  
Time Specific

- ✓ My Core Purpose \_\_\_\_\_
- ✓ Core Value supported \_\_\_\_\_
- ✓ Leadership Behavior supported \_\_\_\_\_

My Action Specific, Measurable, Achievable	Accountable Who?	Time Specific By What Date?	Results Based
Listen without interrupting and say "thank you"	Jim	1 Nov	30 days Display more patience
Summarize what I hear after a conversation	Jim	1 Dec	60 days Show consideration
Demonstrate understanding & appreciation by implementing advice	Jim	1 Jan	90 days Rich, free flowing dialogue

