



Master in Business for Veterans

Cohort II, MVB, TG Seminar Results from 15-16 May 2025

Overall Average= 9.5 (scale of 1-10)

Lowest assessment= 7 (1)

Comments:

- I love every opportunity that was presented during class to reflect on my life.
- I learned more about myself in a manner that is very useful in every aspect of my life. I am already better than I was yesterday.
- The seeds have definitely been planted. I am excited to water them by practicing and employing the methodologies I learned here.
- Great presentation-loved the ability to review and align; this is the third time taking this course and I learn something different about myself each time.
- Y'all nailed it!

- This was the first leadership seminar that has ever pushed me to reflect on my life, be completely vulnerable and invoke honest introspection, and change my life.
- This has given the will to recharge my batteries. My fuel line had a leak, now it's fixed and getting gassed up.
- After 35 years in the military and government I've seen nearly 2 dozen of these kinds of courses. This is the 1st one that leads to a concrete action plan; that turns theory and contemplation into the beginning of an action plan.
- This self-awareness and self-reflection course is a great start for the MBV program.
- The TG experience challenges you to attack your gaps in life rather than finding ways to avoid them. Filling those gaps is what makes a full life.
- I thoroughly enjoyed the experience. The energy provided through personal testimonials was moving. I spent more than one session trying not to cry. Can't wait to share my experience with my wife.
- I walk away knowing more about myself and the direction I want to lead my life.
- I loved this seminar! I loved the openness, authenticity and courage to share emotion.
- I love this seminar! Thank you for sharing your stories and making me a better man.
- It is amazing how open and vulnerable everyone felt in this process! You all made us feel safe to explore honestly and intentionally.
- The TG sessions were intimate, emotional and hit home hard.
- Thank you. This has helped me reorient myself to my core purpose and values.
- Facilitators created a thoughtful and engaging environment to reflect and personally grow. This will make me a better man, friend and husband.
- I've never had such a personal reflective experience that immediately spoke to me the way the TG experience has.
- Great way to kick off this course!
- The personal stories of vulnerability, and the emphasis of being honest with yourself makes this seminar life changing.

- This is immediately applicable to my life and career; made me realize where I am. Thank you!
- I never knew how much I needed this class. The most important thing that I learned is that my wife has been a prisoner of my perfection.
- This seminar is needed nationwide! The seminar has changed my life; it created safe space; it was life therapy and absolutely necessary!
- I usually generalize about my personal growth, but I know I have the structure I need to succeed.
- This was a beautiful presentation that I am glad is being shared; made me realize that I am okay.
- The TG experience is just that-an experience! It is eye-opening, informative and fun!
- I'm in a major period of transitioning/retiring from the military and redefining purpose. TG at this point, early in the syllabus was perfect for me to reflect and orient.
- This was very insightful and informative. This has been an opportunity to explore very personal aspects of one's life with a large group of people who share a similar path of life.